Laura Osterhaus Rosenstone

Dance Artist & Educator

215 10th Ave. S. Unit 636 Minneapolis, MN 55415 (563) 357-7345 osterhaus.laura@gmail.com lauraosterhaus.com / slodancecompany.org

OBJECTIVE

My career goal is to utilize creativity from my wide variety of creative experience in dance performance, choreography, fashion & product styling, and administrative organization to foster community and compassion with every emerging opportunity.

JOB EXPERIENCE

Slo Dance Company (Minneapolis, MN) - Artistic Director/Choreographer

JUNE 2018 - PRESENT

- Founding this project-based dance company, I hold the roles of director, choreographer and administrator.
- This position requires my full creative commitment to develop ideas for workshops and bodies of work that align with our mission statement in order to share and create dance with my team of collaborators that aims to provide an embodied experience of slowness.
- Slo Dance Company builds meaningful relationships through movement and mindfulness. We value balance, creativity, awareness and collaboration as a means for developing a greater intention within our daily practices, community and performance.

St. Paul Conservatory for Performing Arts (St. Paul, MN) - Co-Chair Dance Department, Educator

SEPTEMBER 2019 - MAY 2020, AUGUST 2022 - PRESENT

- Co-lead the dance department with Alexandra Eady by building the dance course schedule, hiring and managing dance instructors, facilitating day-to-day student-facing functions of the department, and representing the dance department amongst all art department chairs in administration.
- Instruct modern/contemporary, House, Jazz, improvisation, and composition dance courses along with mentoring students considering pursuing dance beyond high school.
- Instructed a repertory class, setting work on 25 11th grade students in 2019, directed 17 seniors in producing their senior concert in 2023.

University of Minnesota-Twin Cities (Minneapolis, MN) - Adjunct Instructor

JANUARY 2023 - PRESENT

• Instruct undergraduate-level dance technique classes to both dance majors and non-dance majors in the areas of modern/contemporary and Jazz.

Smith College (Northampton, MA) - Dance Teaching Fellow

SEPTEMBER 2020 - MAY 2022

- As a graduate teaching fellow, I developed curriculum for and instructed the following courses: Intermediate Jazz Funk, Beginning Jazz Dance, Strength & Flexibility, and Dance for Every Body.
- Instructing these courses included navigating the various levels experience amongst beginning dance students to develop teaching methods to suit a variety of learners, finding ways to simultaneously challenge more advanced students, realizing and prioritizing my values as an educator, and articulating my anti-racist approach to teaching Black social dance styles as a white woman.

Sam Kim, Independent Choreographer (New York, NY) - Studio & Research Assistant

OCTOBER 2019

- Worked in close proximity with Sam Kim and her production team to develop *Other Animal*.
- As her research assistant, she translated her process of solo improvisation research onto my body and further developed the structural ideas for the work through a method of movement and oral feedback. The position grew as I contributed to the setting of the final work, orienting it into the performance space, offering feedback and creative opinion to the development process, and acted as personal assistant throughout the entire production residency and performance.

Zenon Dance Company (Minneapolis, MN) - Company Member/Educator/Costume Consultant

AUGUST 2016 - JUNE 2019

- As a full-time professional dancer, I trained and researched with the company of six other dancers, bringing to life the artistic vision of choreographers commissioned to build original work.
- This position required a self-disciplined artist who can also work as a team member to problem solve and be ever-changing and re-orienting a sense of self with the goals or the group and the wide variety of choreographers that we work with while maintaining consistency in the high physical and emotional demand of the artistic processes.
- We, as a company, performed evening-length concert dance shows twice annually in the Twin Cities, also touring to perform and teach dance throughout greater Minnesota and beyond.

EDUCATION

Smith College (Northampton, MA) - M.F.A. in Choreography & Performance

SEPTEMBER 2020 - MAY 2022

• Under the direction of Chris Aiken, Rodger Blum, Angie Hauser, Jake Meginsky and Lester Tomé

University of Minnesota - Twin Cities (Minneapolis, MN) - B.A. in Dance

SEPTEMBER 2012 - MAY 2016

- GPA: 3.87
- Under the direction of Ananya Chatterjea, Carl Flink, Toni Pierce Sands, and Erin Thompson
- Double minor in fashion studies & retail merchandising